

Private Chef Services

Where personal philosophy meets the plate.

Whether you're hosting an intimate dinner or seeking soulful culinary education, Central Vermont Consultancy brings presence, precision, and deeply personal flavor to the table. We don't just cook. We curate experience.

What We Offer

Philosophical Cooking Classes

Not your average class. We go beyond recipes to help you uncover your intuitive style, creative flavor profile, and culinary voice. It's not about copying — it's about *becoming*.

Private Chef for Any Occasion

Dinner party? Outdoor feast? Remote retreat? We design and execute seamless, elevated meals so you can be fully present with your guests. Flexible, refined, and rooted in five-star execution.

Personalized Meal Prep

Need meals for the road, the woods, or your workweek? We prepare flavorful, nutrient-rich meals for individuals, groups, or events — ready when you are.